



Our P.E. Curriculum Vision

“Sport is a universal language, building more bridges between people than anything else I can think of.” ~ Sebastian Coe

In our P.E. lessons we ROCK!

- **R**espectful – we are respectful of all efforts, skills and participation
- **O**pen minded – we are open minded to new challenges and sports as this might lead to discovering a new passion or focus we didn't know we had
- **C**urious – we are curious about how our bodies react to physical activities and how our skills, techniques and strategies can improve our performance
- **K**ind – we know kindness is at the heart of good sportsmanship and team spirit

In conclusion...We ROCK!