



LECONFIELD PRIMARY SCHOOL PSHE & RSE CURRICULUM STATEMENT

Intent	Implementation	Impact
<p>Our intention is that when children leave Leconfield, they will do so with the knowledge, understanding and emotions to be able to play an active, positive and successful role in today's diverse society. We want our children to have high aspirations, a belief in themselves and realise that anything is possible if they put their mind to it. In an ever-changing world, it is important that they are aware, to an appropriate level, of different factors which will affect their world and that they learn how to deal with these so that they have good mental health and well-being.</p> <p>Our PSHE curriculum develops learning and results in the acquisition of knowledge and skills which will enable children to access the wider curriculum and prepare them to be a global citizen now and in their future roles within a global community.</p> <p>Our Relationships and Sex Education enables our children to learn how to be safe, and to understand and develop healthy relationships, both now and in their future lives.</p> <p>Our Relationship and Sex Education (RSE) aims are:</p> <ul style="list-style-type: none"> ● To provide the knowledge and information to which all pupils are entitled and provide a framework in which sensitive discussions can take place. ● To clarify/reinforce existing knowledge. ● To raise pupils' self-esteem and confidence, especially in their relationships with others. ● To help children develop feelings of self-respect, confidence and empathy. 	<p><u>EYFS</u> - In the Foundation Stage, PSHE and British Values are taught as an integral part of topic work and is embedded throughout the curriculum. We use the EYFSP 2021.</p> <p><u>Key Stage 1 and Key Stage 2</u> - At Key Stage 1 and 2, RSE is taught through a clear and comprehensive curriculum. We use the PSHE Association Question Based Model.</p> <p>We promote positive values and attitudes throughout every aspect of school life. This starts with our whole school Vision: At Leconfield, our vision is to provide a safe, caring and inspiring environment where children are supported, challenged, and valued personally and academically so they can be the best they can be.</p> <p>We are:</p> <p>Respectful – everyone is valued and has a place in our community. We provide a friendly and inclusive environment where quality relationships are important. We value and respect individuals.</p> <p>Open Minded – our minds are always open to new experiences and we prepare children for the challenges and opportunities of adulthood in a changing world</p> <p>Curious – we encourage and enable everyone to experience success and help our children to develop lively, enquiring, imaginative and creative minds through our broad and exciting curriculum</p> <p>Kind – we are kind to others, ourselves and our surroundings. We are respectful of everyone. We take responsibility for our role in the world around us</p> <p>In conclusion...We ROCK!</p>	<p>Our PSHE & RSE Curriculum is at the core of our School vision.</p> <p>By the time our children leave our school they will:</p> <ul style="list-style-type: none"> ● be able to approach a range of real life situations and apply their skills and attributes to help navigate themselves through modern life ● be on their way to becoming healthy, open minded, respectful, socially and morally responsible, active members of society ● appreciate difference and diversity ● recognise and apply the British Values of Democracy, Tolerance, Mutual respect, Rule of law and Liberty ● be able to understand and manage their emotions ● be able to look after their mental health and well-being ● be able to develop positive, healthy relationships with their peers both now and in the future. ● understand the physical aspects involved in RSE at an age appropriate level ● have respect for themselves and others. ● have a positive self esteem

<ul style="list-style-type: none"> ● To provide the confidence to be participating members of society and to value themselves and others. ● To help gain access to information and support. ● To develop skills for a healthier safer lifestyle. ● To develop and use communication skills and assertiveness skills to cope with the influences of their peers and the media. ● To respect and care for their bodies. ● To prepare pupils for puberty, and give them an understanding of sexual development and the importance of health and hygiene ● To create a positive culture around issues of relationships. 	<p>At Leconfield, in addition to Relationships Education, we also teach aspects of Sex Education that is covered in our Science Curriculum. Alongside this we teach children about the importance of positive healthy relationships. We promote equality, diversity and inclusion. This is further supported by our WE ROCK statement.</p> <p>Within our PSHE and RSE curriculum we cover:</p> <p>Relationship Education Our Relationship Education will focus on:</p> <ul style="list-style-type: none"> ● Families and people who care for me ● Caring friendships ● Respectful relationships ● Online relationships ● Being Safe <p>Health Education Our Health Education will focus on:</p> <ul style="list-style-type: none"> ● Mental well-being ● Internet safety and harms ● Physical health and fitness ● Healthy eating ● Drugs alcohol and tobacco ● Health and prevention ● Basic first aid ● Changing adolescent body <p>Primary sex education will focus on:</p> <ul style="list-style-type: none"> ● Sexual difference and naming body parts ● Preparing boys and girls for the changes that adolescence brings ● Exploring the impact of puberty on the body and the importance of physical hygiene ● Understanding that menstruation and wet dreams are a normal part of growing up 	
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- How a baby is conceived and born
- Answering each other's questions about sex and relationships with confidence and knowing where to find support and advice

These areas of learning are taught within the context of family life taking care to promote tolerance and respect for others. We understand families take many different forms and may include: single parent families, LGBT parents, families headed by grandparents, adoptive parents, foster parents/carers amongst other structures. This is not an exhaustive list. We reflect sensitively that some children may have a different structure of support around them (for example: looked after children or young carers).

When appropriate we make links with other curriculum subject areas e.g. we teach e-safety through Computing.

We ensure we cover the Health and Well-Being, Relationships and Living in the Wider World Learning Opportunities set out in the PSHE Association's Programme of Study, which comprehensively cover the statutory Health Education and Relationships Education guidance.