

PSHE Intent





PSHE and RSE 3 I's



Intent	Implementation	Impact
At Leconfield School we want our children to be confident and understand that we are all unique and special. We want our children to be resilient and have the confidence to adapt to changes.	At Leconfield, in addition to Relationships Education, we also teach aspects of Sex Education that is covered in our Science Curriculum. Alongside this we teach children about the importance of positive healthy relationships. We promote equality, diversity and inclusion. This is further supported by our WE ROCK statement. Within our PSHE and RSE curriculum we cover: Relationship Education Our Relationship Education will focus on: • Families and people who care for me • Caring friendships • Respectful relationships • Online relationships • Douline relationships • Being Safe Health Education Our Health Education will focus on: • Mental well-being • Internet safety and harms • Physical health and fitness • Healthy eating • Drugs alcohol and tobacco • Health and prevention • Basic first aid • Changing adolescent body Primary sex education will focus on: • Sexual difference and naming body parts • Preparing boys and girls for the changes that adolescence brings • Exploring the impact of puberty on the body and the importance of physical hygiene • Understanding that menstruation and wet dreams are a normal part of growing up • How a baby is conceived and born • Answering each other's questions about sex and relationships with confidence and knowing where to find support and advice	Our PSHE & RSE Curriculum is at the core of our School vision. By the time our children leave our school they will: • be able to approach a range of real life situations and apply their skills and attributes to help navigate themselves through modern life • be on their way to becoming healthy, open minded, respectful, socially and morally responsible, active members of society • appreciate difference and diversity • recognise and apply the British Values of Democracy, Tolerance, Mutual respect, Rule of law and Liberty • be able to understand and manage their emotions • be able to look after their mental health and wellbeing • be able to develop positive, healthy relationships with their peers both now and in the future. • understand the physical aspects involved in RSE at an age appropriate level • have respect for themselves and others.



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At Leconfield School we want to enhance our children's learning so that it reflects diverse nature of society. We want to give children memorable experiences which promote Respect, Open-minded, Curiosity and Kindness.	PSHE and RSE learning is taught within the context of family life taking care to promote tolerance and respect for others. We understand families take many different forms and may include: single parent families, LGBT parents, families headed by grandparents, adoptive parents, foster parents/carers amongst other structures. This is not an exhaustive list. We reflect sensitively that some children may have a different structure of support around them (for example: looked after children or young carers). We invite visitors throughout the year (e.g. NSPCC, School Nurse, PCSO). They might deliver workshops or assemblies. Our children also vote for a charity each term which our whole school will support and raise funds for. When appropriate we make links with other curriculum subject areas e.g. we teach e-safety through Computing. We ensure we cover the Health and Well-Being, Relationships and Living in the Wider World Learning Opportunities using Jigsaw, which comprehensively covers the statutory Health Education and Relationships Education guidance.	Our PSHE & RSE Curriculum is at the core of our School vision. By the time our children leave our school they will: • be able to approach a range of real life situations and apply their skills and attributes to help navigate themselves through modern life • be on their way to becoming healthy, open minded, respectful, socially and morally responsible, active members of society • appreciate difference and diversity • recognise and apply the British Values of Democracy, Tolerance, Mutual respect, Rule of law and Liberty • be able to understand and manage their emotions • be able to look after their mental health and wellbeing • be able to develop positive, healthy relationships with their peers both now and in the future. • understand the physical aspects involved in RSE at an age appropriate level • have respect for themselves and others.